

## Guidelines for the Blood Transfusion Services

### 3.5: Donor age

<http://transfusionguidelines.org/red-book/chapter-3-care-and-selection-of-whole-blood-and-component-donors-including-donors-of-pre-deposit-autologous-blood/3-5-donor-age>

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Donors shall be between the ages of 17 and 65 years; i.e. from their 17th to 66th birthday inclusive. Regular and returning donors (as defined in the JPAC *Donor Selection Guidelines*<sup>1</sup>) may be allowed to donate beyond their 66th birthday with permission of a physician in the Blood Establishment, given annually.

It is normal practice to set an upper age limit of 60 years (up to 61st birthday inclusive) for first-time donors. However, older donors may be accepted at the discretion of the physician in the Blood Establishment.