

Issued by JPAC: 10 April 2018

Implementation: To be determined by each Service

## Change Notification UK National Blood Services No. 15 2018

# Viral Haemorrhagic Fever

These changes apply to all the Tissue and Cells Donor Selection Guidelines.

Please make the following changes to the entry:

### 1. Affected Individual

*Obligatory*

**Must not donate if:**

a) Has ever been infected

### 2. Contact or traveller to endemic country

*Obligatory*

**Must not donate if:**

~~Less than 6 months from last contact with an affected individual or travel to an endemic country~~

a) Was present in an area during an active outbreak

b) Under investigation for viral haemorrhagic fever

c) Has been in contact with an individual who was present in an area during an active outbreak

d) Was in contact with an individual infected with, or was under investigation for viral haemorrhagic fever

e) less than six months after return to UK from an endemic area when there was no active outbreak.

*Discretionary*

~~If more than 6 months from last contact, completion of investigations or return to the UK from endemic country, accept.~~

a. If more than 6 months after return to UK from an endemic area when there was no active outbreak at the time of visit

b. If the individual, or the contact person, under investigation had viral haemorrhagic fever infection excluded as diagnosis.

\Continued

Under exceptional circumstances, the donor may be accepted subject to individual risk assessment. **Refer to designated medical officer.** See additional information section.

*See if Relevant*

The Geographical Disease Risk Index for countries with a current endemic Viral Haemorrhagic Fever risk

*Additional Information*

These infections have very high death rates and there is evidence that the virus may persist for some time after recovery. The 2014-16 outbreak of Ebola in West Africa had increased understanding about the persistence of the virus in affected individuals and the number of asymptomatic individuals who may be able to transmit the virus to others.

There is no routine screening test for EBOV currently available. There is an option to test donors serologically for the presence of anti-EBOV (antibodies) two months after the exposure event if a test becomes available. A reactive test would result in permanent deferral, a negative test would allow donation to proceed. Designated medical officers may seek expert advice where necessary, under exceptional circumstances.

*Reason for Change*

Guidance for travellers to endemic **countries** areas during active outbreaks and contacts with these infections has been updated in line with SaBTO advice in September 2017.

*SmacLennan*

Dr Sheila MacLennan  
Professional Director - Joint UKBTS Professional Advisory Committee  
☎ Direct Dial: (0113) 820 8638    ✉ [sheila.macclennan@nhsbt.nhs.uk](mailto:sheila.macclennan@nhsbt.nhs.uk)