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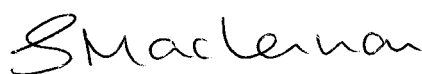
Implementation: To be determined by each Service

## Change Notification UK National Blood Services No. 02 - 2015

# Asthma

### Applies to the Whole Blood and Components Donor Selection Guidelines only

<b>Obligatory</b>	<b>Must not donate if:</b> a) Asthma is symptomatic.  b) Taking, or has completed a course of oral or injected steroids lasting more than 3 weeks within the last six months.  c) The donor has needed long term (six months or more) treatment with oral or injected steroids within the last 12 months.  d) The donor has taken a short course (less than three weeks) of oral or injected steroids in the last seven days.
<b>Discretionary</b>	If b), c) or d) above do not apply and the potential donor is asymptomatic at the time of donation, even if taking regular preventive treatment, including inhaled steroids, accept.
<b>See if Relevant</b>	<a href="#">Infection - General</a> <a href="#">Steroid Therapy</a>
<b>Additional Information</b>	Taking blood from a person with symptomatic asthma will lower the amount of oxygen the blood can carry and could make their symptoms worse.  Steroid therapy can hide the signs and symptoms of infection. Blood from an infected donor can be dangerous to the person receiving it.
<b>Reason for change</b>	To bring the guidance on steroid therapy for asthma in line with that with steroid therapy for other conditions.



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