

Date of publication: 13 April 2011

Implementation: To be determined by each Service

Change Notification UK National Blood Services No. 2 - 2011

Trying to Conceive (applies to female donors only)

Applies to the Whole Blood and Component Donor Selection Guidelines only

Obligatory	Take care to exclude pregnancy. Must not donate if: a) Under investigation for infertility. b) Less than 12 weeks after completion of treatment with clomiphene (Clomid®). c) Less than 12 weeks after completion of treatment with tamoxifen. d) Has ever been given human gonadotrophin of pituitary origin. e) Has received donated eggs or embryos since 1980. f) If donor knows that they have ever been treated with Metrodin HP® .
Discretionary	If not known to have been treated with Metrodin HP® but treated exclusively with other non-pituitary derived gonadotrophins and/or donated sperm, accept.
See if Relevant	<u>Prion Associated Diseases</u>
Additional Information	The 12 week period is an additional safeguard to avoid taking a donation early in a pregnancy. The use of human gonadotrophin of pituitary origin (follicle-stimulating hormone (FSH) and luteinizing hormone (LH)) had stopped in the UK by 1986. The situation in other countries varied so specific dates cannot be given. There is a concern that transfer of tissues (eggs or embryos) between individuals might lead to the spread of vCJD.

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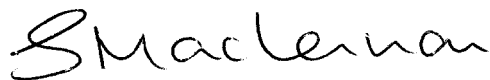
Metrodin HP® was withdrawn by the Committee on Safety of Medicines in 2003 and following advice from the Medicines and Healthcare products Regulatory Agency the precautionary principle has been applied to withdraw donors who have been treated with this product. Donors treated for infertility after 2003 in the UK will not have been treated with this product.

Donors trying to conceive naturally can donate provided that they have not missed a period. Taking folic acid or other vitamin and mineral preparations is not a problem.

Reason for Change Withdrawal of donors who have ever been treated with Metrodin HP®, donated eggs or embryos has been added.

Further information

The supporting paper, JPAC 11-05 Recommendations on a change to the Donor Selection Guidance for Trying to Conceive, leading to this Change Notification can be found in the Document Library/Supporting Papers of the JPAC website:
<http://www.transfusionguidelines.org.uk/Index.aspx?Publication=DL&Section=12&pageid=7528>



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