

Issued by JPAC: 18 October 2022

Implementation: To be determined by each Service

Change Notification UK National Blood Services No. 56 - 2022

Air Crew and Air Traffic Controllers

These changes apply to the Whole Blood Donor Selection Guidelines.

Please amend the following entry.

<i>Includes</i>	<p>Air crew: Flight crew Cabin crew Military Aircrew Military Supernumerary crew</p> <p>Air Traffic Controllers: Civilian controllers Military controllers</p>
<i>Obligatory</i>	<p>All pilots: Air crew (except military) and Air Traffic Controllers (except military): Must not donate if: On flight duties duty within the next 24 hours.</p> <p>Military air crew: Must not donate if: On duty within the next 36 hours.</p> <p>Military controllers: Must not donate if: On duty within the next 12 hours.</p>
<i>Additional Information</i>	<p>The UK Civil Aviation Authority (CAA) guidelines (AIG 97/2004) state: 'Aircrew are advised that in order to prevent the very slight risk of post-donation faintness or syncope they should refrain from donating blood or plasma if they are required to fly within 24 hours.'</p> <p>"In order to prevent the very slight risk of post-donation faintness or syncope, donating blood or plasma should be avoided during the 24 hours before duty." This applies to aircrew (flight crew and cabin crew) and air traffic controllers.</p> <p>The Ministry of Defence (MOD) guidelines state:</p>

	<p>“Aircrew and Supernumerary Crew should not fly until 36 hours have elapsed after donating blood.” and</p> <p>‘Military and MOD Contracted Civilian Controllers should not control until 12 hours have elapsed after donating blood.’</p> <p>This guidance is also observed by the Ministry of Defence. The Civil Aviation Authority's guidance has been reproduced for use by the Blood Services.</p>
<i>Reason for change</i>	<p>The Air Crew and Air Traffic Controller entries have been combined.</p> <p>The current UK Civil Aviation Authority and Ministry of Defence guidance for all staff with an operational role is included. Pilots are no longer solely specified; they are air crew, specifically flight crew.</p>

A-Z index changes

Please amend the following keywords to direct to the revised ‘Air Crew and Air Traffic Controllers’ entry:

- Air Crew
- Air Traffic Controller
- Flying – Air Crew
- Pilot – Air Crew

2. Air Traffic Controllers

Please remove this entry

3. Hazardous Activity

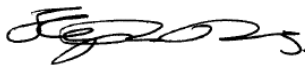
Please amend this entry as follows:

<i>See if Relevant</i>	<p>Air Crew and Air Traffic Controllers</p> <p>Air Traffic Controller</p> <p>Health Care Worker</p> <p>Non-Consented Exposure to Human Body Fluids</p>
<i>Reason for Change</i>	<p>The entry has been revised to improve clarity.</p> <p>The See if Relevant section has been revised.</p>

4. Travel

Please amend this entry as follows:

<i>See if Relevant</i>	Air Crew and Air Traffic Controllers Geographical Disease Risk Index Hazardous Activity Infection – General Malaria South American Trypanosomiasis
<i>Reason for Change</i>	There is now a link to 'Air Crew ' and 'Additional Information' has been added. The See if Relevant section has been revised.



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