v1.0

Change Notification for the UK Blood Transfusion Services

Date of Issue: 30 April 2025

Implementation: to be determined by each Service

No. 06 - 2025

Endoscopy

This notification includes the following changes:

	BM-DSG Bone Marrow & Peripheral Blood Stem Cell	CB-DSG	GDRI Geographical Disease Risk Index	TD-DSG Tissue - Deceased Donors	TL-DSG Tissue - Live Donors	WB-DSG Whole Blood & Components	Red Book Guidelines for the BTS in the UK
1. Endoscopy						•	

eght.

Dr Angus Wells Chair of Standing Advisory Committee on Care & Selection of Donors (SACCSD)

5,0025.

Dr Stephen Thomas Professional Director of JPAC

Changes are indicated using the key below. This formatting will not appear in the final entry.					
original text	«inserted text»	deleted text			
transfusionquidelines.org	Page 1 of 3	JPACOffice@nhsbt.nhs.uk			

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1. Changes apply to the Whole Blood and Components DSG

Endoscopy

(revised entry)

«Excludes	«Colposcopy – see <u>Cervical Dysplasia</u> »		
Obligatory	Must not donate if:		
	Less than four months from «a procedure involving» an examination with a flexible endoscope.		
Discretionary	If the «procedure involved» examination has been carried out with a rigid endoscope (e.g. colposcopies and most arthroscopies and proctoscopies), «and» the donor is:		
	• well, and		
	 not waiting for further tests or results, «and 		
	the diagnosis does not preclude donation,»		
	accept.		
See if Relevant	Malignancy		
	Surgery		
Additional Information	« For the purposes of donor selection:		
	 any endoscopic procedures performed through a surgical incision (e.g. arthroscopy) can be considered a rigid endoscopy. 		
	 proctoscopy (also called rigid sigmoidoscopy) involves the use of a rigid endoscope. 		
	 any endoscopy performed outside of the UK and ROI should also be assessed using the <u>Surgery</u> entry.» 		
	Flexible endoscopes can be difficult to disinfect. There have been cases where infection has been passed from person to person by examination and biopsy using this type of instrument. «This excludes disposable flexible equipment that may be used through a rigid endoscope e.g. to obtain biopsies.»		
	This guidance presumes that a validated NAT test for hepatitis C is negative. If this test is stopped, the guidance will change.		
	A colposcope is an instrument used to view more easily the neck of the womb (cervix). It is not a flexible endoscope so in itself is not a reason for deferral. Care should be taken to ensure that donor is well and not waiting for further tests or results.		
	The procedure of 'Virtual endoscopy' is a radiographic technique that does not involve the use of an endoscope just a disposable tube«;» it is not in itself a reason for deferral.		
Information	This is a requirement of the Blood Safety and Quality Regulations 2005 «in accordance with EU regulation, but the risk within the UK and ROI is minimal».		



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Reason for Change	«Clarification of rigid and flexible endoscopy, and the risk in the UK and ROI.
	Removal of reference to colposcopy, referring user to the appropriate entry for guidance.
	Change to refer to endoscopy as a procedure rather than an examination.
	Inclusion of associated considerations for donor selection.»
	This entry was updated in line with the recommendations of the SaBTO Donor Selection Criteria Review Report published on 23rd July 2017.
Donor Information	If you wish to obtain more information regarding a personal medical issue, please contact your <u>National Help Line</u> .
	Please do not contact this web site for personal medical queries, as we are not in a position to provide individual answers.

The following redirection will be added to the A-Z index

Colposcopy » Cervical Dysplasia

Hysterectomy » Endoscopy