v1.1

# Change Notification for the UK Blood Transfusion Services

Date of Issue: 02 May 2024

Implementation: to be determined by each Service

No. 08 - 2024

### **Relaxation of Travel Criteria for Plasmapheresis Donors**

This notification includes the following changes:

	BM-DSG Bone Marrow & Peripheral Blood Stem Cell	CB-DSG	GDRI Geographical Disease Bisk Index	TD-DSG Tissue - Deceased Donors	TL-DSG Tissue - Live Donors	WB-DSG Whole Blood & Components	Red Book Guidelines for the BTS in the UK
1. Tropical Viruses	0	0	0	0	0	•	0
2. Malaria							
<b>3.</b> S American Trypanosomiasis							
4. West Nile Virus							

eght.

Dr Angus Wells Chair of Standing Advisory Committee on Care & Selection of Donors (SACCSD)

depozz.

Dr Stephen Thomas Professional Director of JPAC

Changes are indicated usin	g the key below. This formatting	will not appear in the final entry.
original text	«inserted text»	deleted text
transfusionguidelines.org	Page 1 of 6	JPACOffice@nhsbt.nhs.uk

(new entry)

v1.1

### 1. Changes apply to the Whole Blood & Components DSG

### «Tropical Viruses – plasmapheresis donors»

«For donors who will donate whole blood, platelets and other cellular components see Tropical Viruses»

«Includes	Chikungunya Virus, also known as CHIKV
	Dengue Virus, also known as Dengue Fever
	Yellow Fever, also known as YF
	Zika Virus, also known as ZIKV, and Zika Virus Fever
Excludes	This entry only applies for donors who will only donate plasma for fractionation. It should not be used for donors who will donate whole blood, platelets and other cellular components.
Definitions	<b>Tropical Virus Endemic Areas</b> are shown in the <u>'Geographical Disease</u> <u>Risk Index' (GDRI)</u> which includes details of the specific viral risks present.
Obligatory	Must not donate if:
	a) It is less than six months from a donor's return from a Yellow Fever risk area and the donor has been diagnosed with Yellow Fever whilst there or following their return to the UK.
	b) It is less than six months from a donor's return from a Tropical Virus Risk endemic area and the donor has either had a history of symptoms suggestive of Yellow Fever whilst there or following their return to the UK.
	c) The donor was diagnosed with Chikungunya Virus, Dengue Virus or Zika Virus infection and the donor has not fully recovered from their illness.
Discretionary	If the donor has returned from a Chikungunya Virus, Dengue Virus or Zika Virus risk area and the donor is well, accept.
	If it more than 28 days since the donor has returned from a Yellow Fever risk area, and the donor has been well while there and after their return to the UK, accept.
See if Relevant	Infection – General
	<u>Malaria</u>
	South American Trypanosomiasis
	The 'Geographical Disease Risk Index'
Additional Information	Chikungunya, Dengue, Yellow Fever and Zika virus are spread by the day- flying mosquito species Aedes aegypti and Aedes albopictus. As these mosquitos are typically found in tropical and subtropical regions, the main geographical areas affected by tropical virus infection are the Caribbean, South and Central America, Mexico, Africa, the Pacific Islands, Southeast Asia, Indian sub-continent, Hawaii and northern parts of Australia. The range of Aedes albopictus is also increasing into more temperate zones leading to outbreaks of tropical virus disease in new areas. There have been outbreaks of Dengue and Chikungunya in parts of Europe. Chikungunya is an alpha virus that can cause a wide spectrum of disease.
	This may range from no or minimal symptoms to death. Most commonly it

	causes arthritis (typically in the knee, ankle and small joints of the extremities), high fever and a maculopapular rash.
	Chikungunya virus is found in countries in Asia, Africa, Central and South America, and in the islands of the Caribbean. There is no evidence of person-to-person transmission except through blood transfer. Transfusion- transmission from an asymptomatic individual has not been documented. Nevertheless, restrictions after travel to a Chikungunya virus risk area were introduced to reduce any risk of transmission through blood or tissue donation.
	Dengue Virus is a flavivirus that typically gives rise to abrupt high fever with a range of accompanying symptoms. Dengue fever (DF) is the most common insect-borne disease worldwide. Dengue is currently considered endemic in approximately 140 countries. Transfusion-transmission has been reported.
	Overall, up to 75% of cases are asymptomatic or mild. If symptoms occur, they can range from non-specific acute febrile illness to severe disease including dengue haemorrhagic fever and dengue shock syndrome. Mild cases may be misdiagnosed as other febrile illnesses.
	Yellow Fever Virus is a flavivirus which is found in Africa, South America, Central America and parts of the Caribbean. Symptoms of Yellow Fever include high temperature, headache, nausea and vomiting, muscle pains and backache. One in four individuals may suffer from jaundice and bleeding from the gastrointestinal tract and other sites.
	Zika Virus is a flavivirus which was known to occur in Africa and parts of Southeast Asia. More recently, Zika Virus has been associated with epidemic outbreaks in the Pacific region and in the Americas. As well as mosquito-borne infection, Zika Virus can be spread through sexual transmission. Infection is usually asymptomatic or presents as a mild self- limiting febrile illness. More severe disease and hospitalisation are rare but infection during pregnancy carries a high risk of congenital abnormalities in the baby. Zika Virus infection may be mistaken for Chikungunya or Dengue infections as these viruses often co-circulate.
	The processes used to fractionate plasma include several measures that inactivate or remove viruses. This means that some travel risks described in the GDRI do not need to be applied for donors who will only donate plasma for fractionation.
Reason for Change	This is a new entry.»

# **Tropical Viruses**

# (revised entry)

«Excludes	Donors who will only donate plasma for fractionation. See <u>Tropical Viruses - plasmapheresis donors</u>
Reason for Change	Entry updated to exclude donors who will only donate plasma for fractionation.»

v1.1

### 2. Changes apply to the Whole Blood & Components DSG

### «Malaria – plasmapheresis donors»

(new entry)

«For donors who will donate whole blood, platelets and other cellular components see Malaria»

«Excludes	This entry only applies for donors who will only donate plasma for fractionation. It should not be used for donors who will donate whole blood, platelets and other cellular components.
Obligatory	Must not donate if:
	The donor has been diagnosed with malaria and the donor has not fully recovered from their illness.
Discretionary	In all other cases, the donor may be accepted after their return from malaria risk area if they are well.
See if Relevant	The ' <u>Geographical Disease Risk Index</u> ' for countries with a current endemic malaria risk.
Additional Information	Cases of transfusion transmitted malaria have occurred. This is mainly a problem in people who have had repeated episodes of infection with malaria. Transfusion transmitted malaria is often fatal.
	The processes used to fractionate plasma include several measures that inactivate or remove malarial parasites. This means that malarial risks described in the GDRI do not need to be applied for donors who will only donate plasma for fractionation. Malarial antibody testing is not required for these donors.
Information	This entry is compliant with the Blood Safety and Quality Regulations 2005.
Reason for Change	This is a new entry.»

#### Malaria

# (revised entry)

«Excludes	Donors who will only donate plasma for fractionation. See <u>Malaria - plasmapheresis donors</u>
Reason for Change	Entry updated to exclude donors who will only donate plasma for fractionation.»

v1.1

### 3. Changes apply to the Whole Blood & Components DSG

#### «South American Trypanosomiasis – plasmapheresis donors» (new entry)

«For donors who will donate whole blood, platelets and other cellular components see <u>South American</u> <u>Trypanosomiasis</u>»

Obligatory	Must not donate
Additional Information	South American trypanosomiasis is caused by infection with a protozoal parasite, Trypanosoma cruzi. It is a persistent infection that is known to be transmitted by transfusion. At present there is no certain cure for the infection, so anyone who has ever been infected cannot donate.
2. Risk	<u>.</u>
Excludes	This entry only applies for donors who will only donate plasma for fractionation. It should not be used for donors who will donate whole blood, platelets and other cellular components.
Discretionary	Accept
See if Relevant	The 'Geographical Disease Risk Index'
Additional Information	The processes used to fractionate plasma include several measures that inactivate or remove <i>T. cruzi</i> parasites. This means that the Trypanosoma Cruzi risks described in the GDRI do not need to be applied for donors who will only donate plasma for fractionation. <i>T. cruzi</i> antibody testing is not required for these donors.

### South American Trypanosomiasis

# (revised entry)

«Excludes	Donors who will only donate plasma for fractionation. See <u>South American Trypanosomiasis - plasmapheresis donors</u>
Reason for Change	Entry updated to exclude donors who will only donate plasma for fractionation.»

(new entry)

v1.1

# 4. Changes apply to the Whole Blood & Components DSG

#### «West Nile Virus – plasmapheresis donors»

«For donors who will donate whole blood, platelets and other cellular components see West Nile Virus»

«Excludes	This entry only applies for donors who will only donate plasma for fractionation. It should not be used for donors who will donate whole blood, platelets and other cellular components.
Definitions	West Nile Virus (WNV) Endemic Areas: are shown in the 'Geographical Disease Risk Index' (GDRI).
Obligatory	Must not donate if:
	The donor was diagnosed with West Nile Virus and the donor has not fully recovered from their illness.
Discretionary	If the donor has returned from a WNV risk area and the donor is well, accept.
See if Relevant	The 'Geographical Disease Risk Index'
Additional Information	West Nile Virus is a flavivirus, similar to Dengue Virus, which causes a wide spectrum of infection. This may range from no or minimal symptoms to death. It is geographically widespread, including areas in Europe and other parts of the world not affected by Malaria, and it has reached epidemic proportions in North America in recent years. Mild cases may be misdiagnosed as other febrile illnesses.
	The processes used to fractionate plasma include several measures that inactivate or remove viruses. This means that some travel risks described in the GDRI do not need to be applied for donors who will only donate plasma for fractionation.
Reason for Change	This is a new entry.»

#### West Nile Virus

# (revised entry)

«Excludes	Donors who will only donate plasma for fractionation. See <u>West Nile Virus - plasmapheresis donors</u>
Reason for Change	Entry updated to exclude donors who will only donate plasma for fractionation.»