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Change Notification for the UK Blood Transfusion Services

No. 17 - 2024

Osteoarthritis

This notification includes the following changes:

	BM-DSG Bone Marrow & Peripheral Blood Stem Cell	CB-DSG	GDRI Geographical Disease Risk Index	TD-DSG Tissue - Deceased Donors	TL-DSG Tissue - Live Donors	WB-DSG Whole Blood & Components	Red Book Guidelines for the BTS in the UK
1. Osteoarthritis							

Dr Angus Wells Chair of Standing Advisory Committee on Care & Selection of Donors (SACCSD) Dr Stephen Thomas

Professional Director of JPAC

Changes are indicated using the key below. This formatting will not appear in the final entry.

original text «inserted text» deleted text



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1. Changes apply to the Whole Blood and Components DSG

Osteoarthritis (revised entry)

«Obligatory	Must not donate if it is less than four months from any invasive treatment or investigation including but not limited to joint injections.»		
Discretionary	If the donor has been treated by joint injection, and treatment was performed within the NHS, or treatment was performed by Qualified Health Care Professional (as defined in the Complementary Therapy entry), and if it is at least 7 days from any joint injection with steroid, and it is at least 4 months from any joint injection with autologous platelet rich plasma (PRP) accept. Accept.		
See if Relevant	«Complementary Therapy (for the approved list of Qualified Health Care Professionals)» Disabled Donor Drug Index – «Drugs and Platelet Donations» preparations which may affect platelet function «Endoscopy» Nonsteroidal Anti-Inflammatory Drugs «Steroid Therapy»		
Additional Information	Donors who have severe pain or disability that makes it difficult for them to get on or off the bleed bed should not donate. Medicines taken for arthritis may affect platelet function. This can be checked in the Drug Index . «Some individuals may undergo arthroscopy as part of the assessment and investigation of their condition; this is usually performed by a rigid endoscope (see Endoscopy). Some individuals may receive joint injections to relieve the symptoms of osteoarthritis. These may be intra-articular (into the joint) or periarticular (around the joint). Treatments may include steroids, hyaluronic acid or platelet rich plasma. Individuals who have received autologous platelet rich plasma must wait at least four months before donation. If the donor is uncertain about the treatment that was given, refer to a DCSO.»		
Reason for Change	«Guidance on the acceptance of donors treated with joint injection has been added. A link to Endoscopy has been added.» A link to the 'Drug Index' has been added together with 'Additional Information'.		

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The following redirection will be added to the **A-Z index**

Joint Injection – for Osteoarthritis » Osteoarthritis